



MyPsychTrack: Overview for Directors of Clinical Training

Released: May 18, 2015

MyPsychTrack Summary

A new and powerful online tool that makes it easy for:

- Doctoral candidates in psychology to track their practicum activities
- Supervisors to monitor students' progress
- Directors of clinical training to gain deeper insights into their doctoral pool for more accurate recordkeeping and reporting

MyPsychTrack is APPIC-sponsored and free to all APPIC members and all students.

Benefits to Doctoral Students in Psychology



Track clinical activity with an easy to use online tool and mobile app



Export data directly to AAPI Online (it's the only app that integrates directly with AAPI Online)



Manage practicum experiences by activity, client, assessment, and facility



View activities in calendar format and manage recurring activities



Submit hours directly to supervisors for verification



Use reports to quickly understand how and where your time is being spent

Benefits to Directors of Clinical Training (DCTs)



Allows easy monitoring of doctoral pool and access to data to understand and improve your clinical offerings



Allows you to assess the range of clinical experiences of your current class by activity, client, setting, and assessment type



Gives insight into whether your clinical offerings advance your program goals





Allows you to compare the performance of students, student cohorts, or programs to understand which sites and activities have the greatest impact

One Simple Login: app.mypsychtrack.com/#/

my**PSYCH**track

Welcome!

Log in to myPSYCHtrack

	<input type="text" value="Email-id"/>
	<input type="password" value="Password"/>



[Forgot Your Password?](#)

[Login](#)

Don't have an account? [Sign up here.](#)

Doctoral Students of Psychology

Students Can Enter and Track Activities Easily Through Web or Mobile App

myPSYCHtrack

Enter Activity

View Statistics

Submit For Approval

Jeff Par... ▾

Sign Out

Enter an Activity

Client ▸

Activity - Type ▸

Date and Time ▸

Hours ▸

Facility ▸

Supervisor ▸

Assessment ▸

Save Activity

<<

March 2015

S M T W T F S

1 2 3 4 5 6 7

8 9 10 11 12 13 14

15 16 17 18 19 20 21

22 23 24 25 26 27 28

29 30 31

April 2015

S M T W T F S

1 2 3 4

5 6 7 8 9 10 11

12 13 14 15 16 17 18

19 20 21 22 23 24 25

26 27 28 29 30

May 2015

S M T W T F S

1 2

3 4 5 6 7 8 9

10 11 12 13 14 15 16

17 18 19 20 21 22 23

24 25 26 27 28 29 30

31

>>

Sun Apr 26, 2015

Show Activities ▸

Mon Apr 27, 2015

Show Activities ▸

Tue Apr 28, 2015

Show Activities ▸

Wed Apr 29, 2015

Show Activities ▸

Today Thu Apr 30, 2015

Show Activities ▸

Fri May 01, 2015

Show Activities ▸

Students Can Track Activities In Many Ways (by Client, Group, Activity, Facility, etc.)

myPSYCHtrack

Enter Activity

View Statistics

Submit For Approval

Jeff Par... ▾

Sign Out

Enter an Activity

Client ▾

Client

Group

45poM

Sdf14

Uky34

Uio12

Ghj12

Add New: Client Group

Activity - Type ▸

Date and Time ▸

Hours ▸

Facility ▸

Supervisor ▸

Assessment ▸

Save Activity

March 2015

April 2015

May 2015

Sun Apr 26, 2015

Mon Apr 27, 2015

Tue Apr 28, 2015

Wed Apr 29, 2015

Today Thu Apr 30, 2015

Fri May 01, 2015

Show Activities ▸

Show Activities ▸

Show Activities ▸

Show Activities ▸

Show Activities ▸

Show Activities ▸

Students Can Analyze Their Activities to Chart Their Progress

myPSYCHtrack

Enter Activity

View Statistics

Submit For Approval

Jeff Par... ▾

Sign Out



02/10/2015 to 03/19/2015

Charts

Client

Activity Type

Facility

Supervisor

Assessment

Integrated Reports



Clients

Groups

All Clients

23 hours

45poM

17 hours

Sdf14

5 hours

Uky34

1 hours

45poM

17 Hours

Total

Type: Intervention
Age: 27
Gender: Female
Ethnicity: Asian
Am./Asian Pacific
Islander
Disabilities:
Deaf/Hard of
hearing

Not Submitted

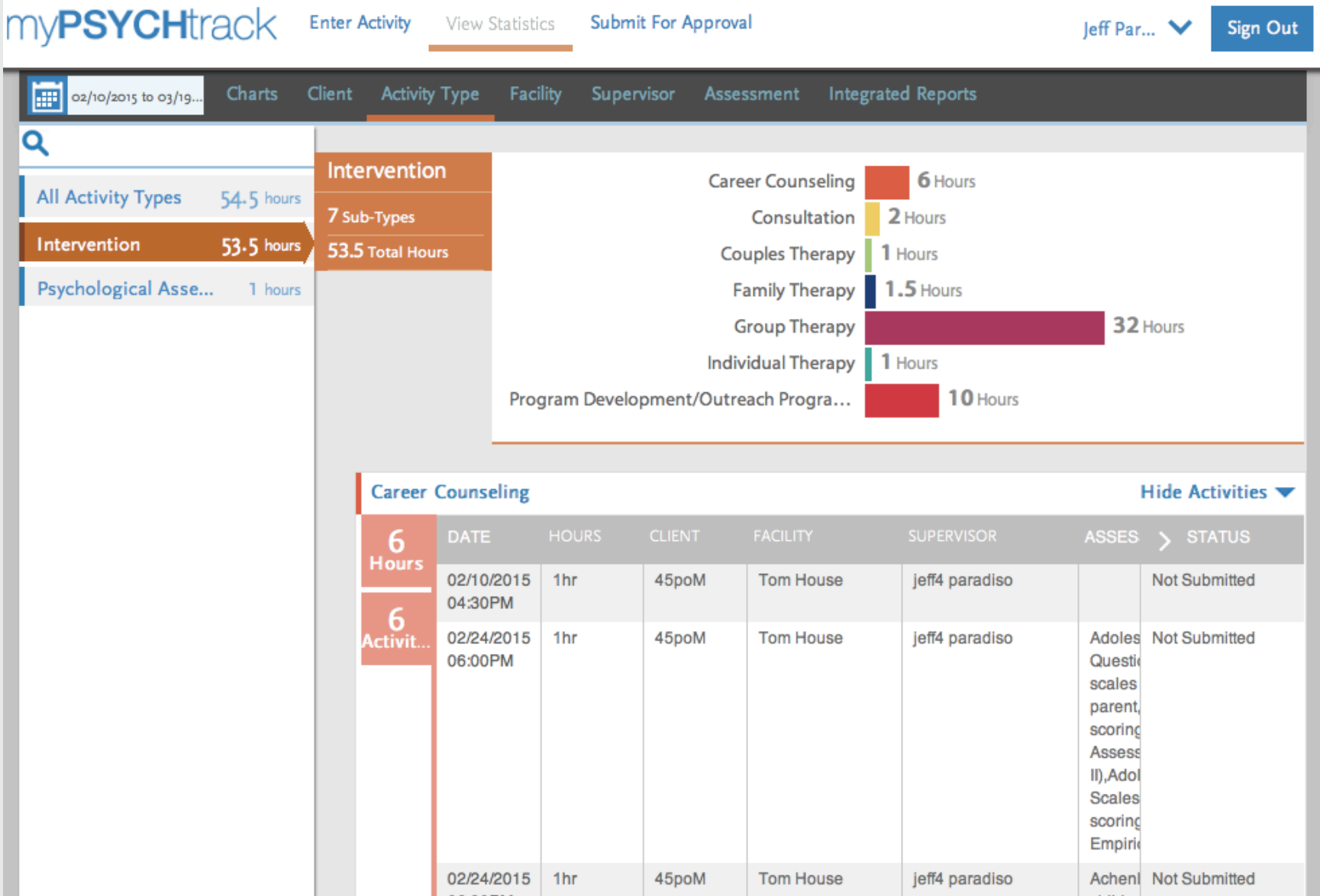
17 Hours

Not Submitted

Hide Activities ▾

17 Hours	DATE	HOURS	ACTIVITY TYPE	FACILITY	> ASSESSMENT
12 Activities	02/10/2015 04:30PM	1hr	Career Counseling	Tom House	
	02/13/2015 03:15PM	2hr	Program Development/Outreach Programming	Tom House	Achenbach scales (ASEBA) - child, youth, parent, adult (computerized scoring)
	02/17/2015 03:15PM	2hr	Program Development/Outreach Programming	Tom House	Achenbach scales (ASEBA) - child, youth, parent, adult (computerized scoring)
	02/19/2015 01:30PM	1hr	Consultation	Tom House	

Students Can Analyze Their Practicum Activities; Charts Allow Quickly Understanding of All Activities



Students Can Quickly Submit Activities to Supervisors for Approval

myPSYCHtrack

[Enter Activity](#)

[View Statistics](#)

[Submit For Approval](#)

Jeff Par... ▾

[Sign Out](#)



Client

Supervisor



Client

Group

All Clients

23/23

45poM

17 hours

Sdf14

5 hours

Uky34

1 hours

Not Submitted

Hide Activities ▾

23
Hours

TIME

HOURS

ACTIVITY TYPE

CLIENT

FACILITY

> STATUS

18
Activities

3/15/2015
3:30 AM

1hr
00min

Group Therapy

Sdf14

Tom House

Submit

3/5/2015
8:30 PM

1hr
00min

Consultation

Sdf14

Tom House

Submit

3/4/2015
2:15 PM

1hr
00min

Couples Therapy

Uky34

Tom House

Submit

3/3/2015
3:30 PM

1hr
00min

Group Therapy

Sdf14

Tom House

Submit

3/2/2015
3:30 PM

1hr
00min

Career Counseling

45poM

Tom House

Submit

2/27/2015

2hr

Program

45poM

Tom House

Supervisors Login and Can Easily Approve or Reject Student Practicum Activities

myPSYCHtrack | Supervisor

Jeff Par... ▾

Sign Out



All Students 1

Need Approval 1

Burns,Bo...

Not Approved 1 | Approved 0 | Rejected 0

Hide Activities ▾

Not Approved

2
Hours

1
Activities

<input type="checkbox"/>	CLIENT	DATE	TIME	ACTIVITY-TYPE	FACILITY	> PROGRAM
<input type="checkbox"/>	ABC12	03-05-2015	2	Consultation	Watertow Hospital	MPTTest

Approve Checked

Reject Checked

Directors of Clinical Training

DCTs Can See Entire Doctoral Pool Activity

myPSYCHtrack | DCT

Jeff Par... ▾

Sign Out

All Programs >

All Cohorts >

Search



<input type="checkbox"/>	STUDENTS	PROGR...	COHORT ▼	LAST ACTIVITY	CLIENTS	ACTIV...	>
<input type="checkbox"/>			Jan, 2014		4	27	▶
<input type="checkbox"/>			Jan, 2015		7	23	▶
<input type="checkbox"/>			Mar, 2015		1	1	▶



Total

Students -

MPT Hours -

Activity -

Activity-Type -

Supervisors -

Facility -

View Report

DCTs Can Analyze Cohorts For Comparative Purposes

myPSYCHtrack | DCT

Jeff Par... ▾

Sign Out

All Programs >

All Cohorts >

Search



<input type="checkbox"/>	STUDENTS	PROGR...	COHORT ▾	LAST ACTIVITY	CLIENTS	ACTIV...	>
<input type="checkbox"/>			Jan, 2014		4	27	▶
<input checked="" type="checkbox"/>			Jan, 2015		7	23	▶
<input checked="" type="checkbox"/>			Mar, 2015		1	1	▶

Mixed Types



	Total
Students	8
MPT Hours	24
Activity	24
Activity-Type	15
Supervisors	5
Facility	8

View Report

DCTs Can Easily Analyze Activity Within Their Doctoral Pool ... by Assessment

myPSYCHtrack | DCT

Jeff Par... ▾

Sign Out

< Mixed Types



01/01/2000 to 04/2...

Charts

Assessments 18

Activity Type 15

Facilities 8

Clients 8

Assessments

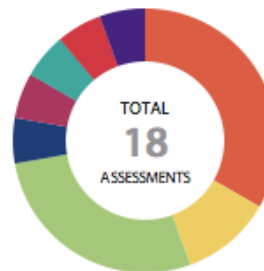
Total

7 Types Used

Administered

Reports

Research



Adaptive Behavi... 6 Assessments

Adolescent Men... 2 Assessments

Adult Manifest A... 5 Assessments

AMAS 1 Assessment

ASIQ 1 Assessment

Barkley-Murphy ... 1 Assessment

Beck Anxiety Inv... 1 Assessment

Children's Depre... 1 Assessment

Age

Total sum of assessments utilized within each age range

Gender

Adaptive Behavior Assessment Scale (ABAS-II)

1 Adult Total

5 Baseline 5 Children Total

Adolescent Mental Health Questionnaires

0 Adults

2 Baseline 2 Children Total

Adult Manifest Anxiety Scale

5 Adults Total

...by Activity Type

myPSYCHtrack | DCT

Jeff Par... ▼

Sign Out

< Mixed Types

01/01/2000 to 04/2...

Charts

Assessments 18

Activity Type 15

Facilities 8

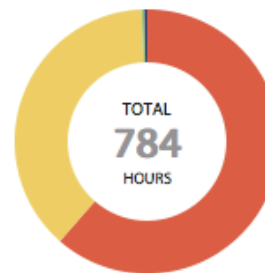
Clients 8

Activity Type

11 Types Used

Hours

Activities



Intervention 481.5 Hours

Assessments 297 Hours

Support 3 Hours

Supervision Rec... 2.5 Hours

Activity Types

Career Counseling

1.5 Hours Total

Consultation

3 Hours Total

Couples Therapy

48 Baseline 48 Hours Total

Family Therapy

40 Baseline 43 Hours Total

Individual Therapy

128 Baseline 133.5 Hours Total

Intake Interview/Structured Interv...

1 Hour Total

Outcome Assessment of program...

40 Baseline 40 Hours Total

Program Development/ Outreach ...

40 Baseline 40 Hours Total

School Consultation

48 Baseline 50.5 Hours Total

Substance Abuse Intervention

40 Baseline 41 Hours Total

Supervision of other students

40 Baseline 40 Hours Total

...by Facility

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Jeff Par... ▾

Sign Out

< Mixed Types



01/01/2000 to 04/2...

Charts

Assessments 7

Activity Type 15

Facilities 8

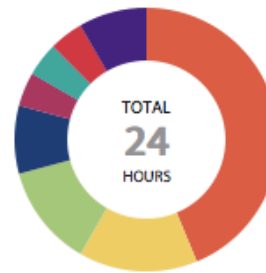
Clients 8

Facilities

Hours

Activities

Treatment
Setting



Buffalo VA 10.5 Hours

Elementary School 3.5 Hours

Hospital clinic 3 Hours

Lawrence 2 Hours

Methane 1 Hour

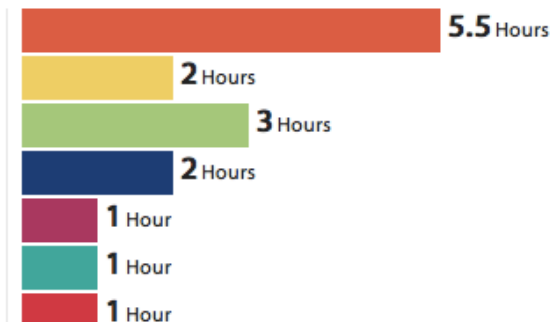
My New Facility 1 Hour

Private Practice 1 Hour

Watertown Hosp... 2 Hours

By Activity Type

Intervention



...by Client

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Jeff Par... ▾

Sign Out

< Mixed Types



01/01/2000 to 04/2...

Charts

Assessments 7

Activity Type 15

Facilities 8

Clients 8

Clients

Total

8 Total

Hours

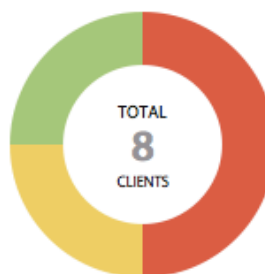
By Gender

By Age

By Race

By Disability

By Orient...



Male 4 Clients

Female 2 Clients

Transgender 2 Clients

By Activities

Male 19 Activities

Female 5 Activities

Transgender 2 Activities

...And Within Client by Gender, Age, Race, Disability, etc.

myPSYCHtrack | DCT

Jeff Par... ▾

Sign Out

< Mixed Types



01/01/2000 to 04/2...

Charts

Assessments 7

Activity Type 15

Facilities 8

Clients 8

Clients

Total

8 Total

Hours

By Gender

By Age

By Race

By Disability

By Orient...



Bi-racial/Multi-ra... 1 Client

European Origin... 1 Client

Other 2 Clients

Latino-a/Hispanic 2 Clients

African American 2 Clients

By Activities

Bi-racial/Multi-racial 1 Activity

European Origin/White 7 Activities

Other 8 Activities

Latino-a/Hispanic 7 Activities

African American 3 Activities

Why MyPsychTrack?

- Better practicum tracking and management
- Better student and program monitoring
- Real-time analysis and reporting
- Direct integration with AAPI Online

To Learn More:

Visit: www.MyPsychTrack.com | Email: questions@mypsychtrack.com |

Call: 617-612-2866